

August 2025

Western Watauga Senior Center

Mon	Tue	Wed	Thu	Fri
				1 Sewing 9a BINGO 9:45a Weaving 10:30a
4 \$Tai Chi 10a Poetry 10a Bone Builders 10:30a	5 Woodcarving 9a Weaving 10:30a Walking 2-4p	6 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a	7 Lap Quilting 9a Community Meal 4p Walking 2-4p	8 Sewing 9a BINGO 9:45a Weaving 10:30a
11 \$Tai Chi 10a Poetry 10a Bone Builders 10:30a	12 Woodcarving 9a Weaving 10:30a Walking 2-4p	13 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a Scam Prevention 10:30a	14 Lap Quilting 9a Food Give Out 3p Walking 2-4p	15 Sewing 9a BINGO 9:45a Weaving 10:30a
18 \$Tai Chi 10a Poetry 10a Bone Builders 10:30a BRAHM Art 12p	19 Woodcarving 9a Weaving 10:30a Walking 2-4p	20 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a	21 Lap Quilting 9a Community Meal 4p Walking 2-4p	22 Sewing 9a BINGO 9:45a Weaving 10:30a Kudzu Strummers 10:30a
25 \$Tai Chi 10a Poetry 10a Bone Builders 10:30a	26 Woodcarving 9a Weaving 10:30a Walking 2-4p	27 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a	28 Lap Quilting 9a Food Give Out 3p Walking 2-4p	29 Sewing 9a BINGO 9:45a Weaving 10:30a

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The Community Center will be closed on Monday September 1st for Labor Day. We will resume normal hours on Tuesday September 2nd. Thank you!

Hopscotch Primary Care will be hosting a scam prevention talk with the Watauga County Sheriff's Department on Wednesday August 13th at 10:30am in the dining room. Captain Carolyn Johnson will lead the session, sharing real life examples and helpful tips on how to recognize and avoid common scams. No sign ups are required.

The Kudzu Strummers will be joining us to play music on Friday August 22nd at 10:30am. We hope you can join!

Our poetry group is back to meeting on Monday's at 10am! If you would like to join, come to class or see Molly.

During the first week of September, the library will display the Watauga County Commemorative Quilt in our front room. The quilt, created by members of the Mountain Laurel Quilt Guild, includes images of indigenous people, frontiersmen and early settlers, Proclamation of 1763, Overmountain Men and Battle of Kings Mountain, botanists and discoveries, role of women, establishment of churches, Watauga County communities, and modern times. The quilt will have a permanent home at the Boone Library in 2026.

Join Kayla with BRAHM on Monday August 18th at 12pm for our monthly BRAHM art program. This month, she will teach us how to create your own artist book or zine. No sign ups required, all supplies provided. Class is free for registered senior center participants.

WWFO continues to offer free community dinners on the first and third Thursday of each month. These meals are free for ANYONE in the community. This month, dinners will be held on Thursday August 7th and Thursday August 21st at 4pm. WWFO also continues to hand out free food items every Thursday at 3pm. If you have questions about food outreach, please see Molly or call the Hunger and Health Coalition at 828-262-1628.

If you have questions about an upcoming class or event, please contact Molly!

Molly Presnell, Senior Center Director

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