Western Watauga Senior Center December 2021



| Mon | Tue | Wed | Thu | Fri |
|---|--|--|---|---|
| | TOCK MICE | Walking 8am Bridge 10am Knitting 9am Pottery 9am AA Mtg 7:30pm | Walking 8am Card Games 9am Lap Quilting 9am Bridge 10am Community meal- 4-6 | Bingo 10am Walking 8am Card Games 9am Sewing 9am Weaving 10am |
| 6 | 7 | 8 | 9 | 10 |
| Walking 8am Bone Builders 10:30am Card games 10am Weaving 10am | Walking 8am Card Games 9am Woodcarving 9am Bridge 10am | Walking Bridge Knitting Pottery AA Mtg 8am 10am 9am 9am 7:30pm | Walking 8am Card Games 9am Lap Quilting 9am Bridge 10am HHC Food give out | Bingo 10am Walking 8am Card Games 9am Sewing 9am Weaving 10am |
| 13 | 14 | 15 | 16 | 17 |
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| 20 | 21 | 22 | 23 | 24 |
| Walking 8am Bone Builders 10:30am Card games 10am Weaving 10am | Walking 8am Card Games 9am Woodcarving 9am Bridge 10am | Walking 8am Bridge 10am Knitting 9am Pottery 9am AA Mtg 7:30pm | Merry Christmas Closed for Christmas Holidays | Closed for Christmas Holidays |
| 27 | 28 | 29 | 30 | 31 |
| Closed for Christmas Holidays | Walking 8am Card Games 9am Woodcarving 9am Bridge 10am | Walking 8am Bridge 10am Knitting 9am Pottery 9am AA Mtg 7:30pm | Walking 8am Card Games 9am Lap Quilting 9am Bridge 10am HHC Food give out | Closed for New Year's |

WESTERN WATAUGA SENIOR CENTER December 2021

We will have a drive-thru Christmas event again this year on Tuesday, December 14th, starting at 1pm! All seniors are welcome to drive thru for some Christmas cheer and a goodie bag!

WWCC will be closed December 23, 24, 27 and 31st for the Christmas holidays and New Year's. Have a wonderful holiday season! Remember to reserve your lunches for December!

Weekly and Monthly Activities

Coffee and Chat - Monday-Friday, 9am-11am Congregate Nutrition - Monday-Friday at 11:30am Card Games - Monday-Friday 9am-11:30am Walking in the Old CC Gym - Monday - Friday 8am-1pm Bone Builders Exercise Class - Mondays at 10:30am

Watauga Woodcarving - Tuesdays at 9am

Knitting - Wednesdays at 9am

Pottery - Wednesdays at 9am

Lap Quilting - Thursdays at 9am

Weaving - Mondays and Fridays at 10am

Sewing - Fridays at 9am

Bridge - Tuesdays, Thursdays at 10am(Call for info)

Handspinners - First Sunday of each month, 2-4pm

Fiber Guild - 3rd Saturday of each month

Bingo - Fridays at 10am

Games, puzzles, cornhole, and more available for seniors anytime!

Call Hunger and Health Coalition at 828-262-1628 for more info.

Western Watauga Food Outreach Community Dinner - First and Third Thursday from 4-6pm. Free food products on all Thursdays. All ages are welcome on a first come-first serve basis.

AA Group - Wednesday nights at 7:30pm

**Lunch is served from II:30am to 12 noon

Hours of Operation -Monday-Friday 8am-4pm. Classes are free to those 60+. **Building rental** available on weekends for a fee.



For additional information, questions about activities, or to register for transportation, please contact the Center Director, Cindy Lamb at: Western Watauga Senior Center



1081 Old US Hwy 421 Sugar Grove, NC 28679 Phone - 828-297-5195 Email - cindy.lamb@watgov.org