



# Western Watauga Senior Center

## February 2026

Mon	Tue	Wed	Thu	Fri
2 Walking 8a \$Tai Chi 10a Bone Builders 10:30a	3 Woodcarving 9a Weaving 10a Walking 2-4p	4 Walking 8a Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a	5 Schuster PT Talk 10:30a Lap Quilting 9a Bridge 10a Community Meal 4p Walking 2-4p	6 Walking 8a Sewing 9a BINGO 9:45a Weaving 10a
9 Walking 8a \$Tai Chi 10a Bone Builders 10:30a	10 Woodcarving 9a Weaving 10a Walking 2-4p	11 Walking 8a Knitting 9a Bridge 10a Bone Builders 10:30a Chocolate BINGO 10a	12 Lap Quilting 9a Bridge 10a WWFO Food Give Out 3p Walking 2-4p	13 Walking 8a Sewing 9a BINGO 9:45a Weaving 10a
16 Walking 8a \$Tai Chi 10a Bone Builders 10:30a BRAHM Art 12p	17 Woodcarving 9a Weaving 10a Walking 2-4p	18 Walking 8a Knitting 9a Bridge 10a Bone Builders 10:30a	19 Lap Quilting 9a Bridge 10a Community Meal 4p Walking 2-4p	20 Walking 8a Sewing 9a BINGO 9:45a Weaving 10a
23 Walking 8a \$Basket Making 9a \$Tai Chi 10a Bone Builders 10:30a	24 Woodcarving 9a Weaving 10a Walking 2-4p	25 Walking 8a Knitting 9a Bridge 10a Bone Builders 10:30a	26 Lap Quilting 9a Bridge 10a WWFO Food Give Out 3p Walking 2-4p	27 Walking 8a Sewing 9a BINGO 9:45a Weaving 10a



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Early voting will start at the center on Thursday February 12th, and will run M-F 8a-7:30p, and Saturday February 28th from 8a-3p. During this time, some classes may be canceled or moved. If you have questions about a class, please see Molly.

Join us Wednesday February 11th at 10am for our Valentine's Party and Chocolate BINGO! We'll have yummy snacks and punch and special BINGO prizes for everyone to play for! If you plan on staying for lunch, please let Molly know ahead of time. This event is subject to change due to weather. If the weather is bad, please call Molly before coming. We hope you can join!

Schuster Physical Therapy will join us Thursday February 5th at 10:30am to talk about Quilting Ergonomics: Posture for Sewers. This talk will be located in the dining room. No sign ups required.

We've officially reached the cold season, and that means snow! If you have a question about the Project on Aging weather policy, please feel free to ask Molly or call 828-297-5195. The Project on Aging will cancel lunch and meal delivery if the weather is unsafe. To find out if we're closed, check the closings and cancellations on Watauga Online, listen for them on the radio, or check the Lois E Harrill Senior Center Facebook for meal announcements. We will also make an all-call if we are able to make it to the office. If you are not receiving all-calls, please let Molly know so you can be added to the list. If it is unsafe for you to make it to the center because of the snow, don't try to come! Just call and let us know!

Join Kayla with BRAHM on Monday February 16th at 12pm for our monthly BRAHM art program. This month, she will focus on Mickalene Thomas in honor of Black History Month. Mickalene Thomas is a contemporary African-American visual artist best known as a painter of complex works using rhinestones, acrylic, and enamel. Come create a Mickalene Thomas inspired collage! No supplies needed, no sign up required, class is free and open to all!

WWFO continues to offer free community dinners on the first and third Thursday of each month. These meals are free for ANYONE in the community. This month, dinners will be held on Thursday February 5th and Thursday February 12th at 4pm. WWFO also continues to hand out free food items every Thursday at 3pm. If you have questions about food outreach, please see Molly or call the Hunger and Health Coalition at 828-262-1628.

If you have questions about an upcoming class or event, please see/contact Molly!

Molly Presnell, Senior Center Director

[Molly.presnell@watgov.org](mailto:Molly.presnell@watgov.org) 828-297-5195

1081 Old US HWY 421, Sugar Grove, NC 28679

