

January 2024

Mon	Tue	Wed	Thu	Fri
1 	2 Walking 8am Woodcarving 9am Cards 9am	3 Knitting 9am Pottery 9am Bridge 10am Bone Builders 10:30am AA Meeting 7:30pm	4 Walking 8am LapQuilting 9am Bridge 10am HHC Food Give Out 4-6pm	5 Walking 8am Sewing 9am Bingo 9:45am Weaving 10am
8 Walking 8am Poetry 10am Weaving 10am Bone Builders 10:30am	9 Walking 8am Woodcarving 9am Cards 9am	10 Knitting 9am Pottery 9am Bridge 10am Bone Builders 10:30am AA Meeting 7:30pm	11 Walking 8am LapQuilting 9am Bridge 10am Community Meal 4-6pm	12 Walking 8am Sewing 9am Bingo 9:45am Weaving 10am
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Western Watauga Senior Center

January 2024

Happy New Year! The senior center will be closed on January 1st in observance of New Years Day! We will also be closed on January 15th in observance of MLK day!

Winter is here! Under extreme weather conditions, the center may not be serving food or even closed! To find out if the center is open or serving food, listen to local radio stations or check goblueridge.net. You can also call the Lois E Hariill center at 828-265-8090 or the Western Watauga Center at 828-297-5195 to find out if we are open or serving food!

Join us for congregate nutrition Monday-Friday at 11:30am! Please reserve your lunch days or call at least a day ahead to join us for lunch. If you are unable to join us for lunch on a day that you have reserved, please call on the day you have reserved by 9am to cancel.

Western Watauga Food Outreach Community Dinners are held on the first and third Thursday of each month from 4-6 pm. Free food products are available every Thursday from 4-6pm. All are welcome on a first come first serve basis. Please contact the Hunger and Health Coalition at 828-262-1628 if you have any questions!

AA meetings are held every Wednesday at 7:30pm.

Handspinners is held on the first Sunday of each month.

Fiber Guild is held on the third Saturday of each month.

Walking is held at the Old Cove Creek School gym every morning at 8am.

Margie Mansure from the NC Cooperative Extension will join us this month to provide education about health eating options!

Centerwell Home Health will join us at lunch on January 3rd to talk to us about the home health services they offer!

Amorem Hospice will join us at lunch on January 17th to talk to us about their grief support services and offer education about different types of grief!

Contact Molly Gilleskie, Senior Center Director, if you have any questions!

1081 Old US HWY 421, Sugar Grove, NC 28679

828-297-5195

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