WCRC Rec Pool (Fall/Winter)

Starting August 19

12 p - 2 P the Rec pool is closed to the public



Monday	Tuesday	Wednesday	Thursday Friday Saturday		Saturday	Water
Water Aerobics 9 AM -10 AM	Water Aerobics 9 AM -10 AM	Water Aerobics 9A -10 AM	Water Aerobics 9A -10 AM	Water Aerobics 9A -10 AM	Water Aerobics 9A -10 AM	Aerobics Special Programming Adult Swim
Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A	Adult Swim 10 A - 11 A	Public Swim Home School
Homeschool Open Swim 11 A-12 P	Special Programming 11 A - 12 P	Special Programing 11 A- 12 P	Homeschool Open Swim 11 A-12 P	Public Swim 11 A - 7:30 P	Swim Lessons 11 A - 12 P	Open Swim Swim Lessons
Public Swim 2 P - 4 P	Public Swim 2 P - 4 P	Public Swim 2 P - 4 P	Public Swim 2 P - 4 P		Public Swim 12 P - 6:30 P	
Swim Lessons 4 P - 5:30 P	Swim Lessons 4 P - 5:30 P	Swim Lessons 4 P - 5:30 P	Swim Lessons 4 P - 5:30 P		Sunday	
Public Swim 5:30 P - 7:30 P	Water Aerobics 5:30 P - 6:30 P	Public Swim 5:30 P - 7:30 P	Water Aerobics 5:30 P - 6:30 P		Public Swim 12:30 P - 4:30 P	
	Public Swim 6:30 P - 7:30		Public Swim 6:30 P - 7:30 P			

WCRC Lap Pool (Winter)

(2 lanes)

November 4, 2024 - February 10, 2025



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Lap Swim 6:00 A - 3:30 P Deep Water Aerobics 10:00 A - 11:00 A	Lap Swim 6:00 A - 3:30 P	Lap Swim 6:00 A - 3:30 P Deep Water Aerobics 10:00 A - 11:00 A	Lap Swim 6:00 A - 3:30 P Deep Water Aerobics 10:00 A - 11:00 A	Lap Swim 6:00 A - 3:30 P Deep Water Aerobics 10:00 A - 11:00 A	Watauga Swim Team 9:00 A - 11:00 A Lap Swim 11:00 A -12:00 P 4 Lap swim lanes w/ climbing wall open 12:00 P - 6:30 P	Lap/Open Swim Deep Water Aerobics Watauga Swim Team
Watauga Swim Team 3:30 P - 6:30 P	Watauga Swim Team 3:30 P - 6:30 P	Watauga Swim Team 3:30 P - 6:30 P	Watauga Swim Team 3:30 P - 6:30 P	Watauga Swim Team 3:30 P - 6:30 P	Sunday 4 Lap lanes w/ climbing wall	Masters Swim Team Aqua Boot Camp
Watauga High 6:30 P - 7:45 P Masters Swim Team 6:00 P - 7:15 P	Watauga High 6:30 P - 7:45 P Aqua Bootcamp 6:00 P - 6:45 P	Watauga High 6:30 P - 7:45 P	Watauga High 6:30 P - 7:45 P Masters Swim Team 6:00 P - 7:15 P	Watauga High/ Lap Swim 6:30 P - 7:30 P	open 12:30 P - 4:30 P	Watauga High School

(2 lanes)