

January 2025 WCRC Pickleball Clinics

Skills & Drills Clinics: Tuesdays & Thursdays, 1:00-2:20 pm

Pre-registration and pre-payment (\$5 for Watauga residents, \$7.50 for out-of-county residents) is required. These clinics are designed for 2.0-3.5 level players. Clinic topics are listed below.

Player's Choice Clinics: Fridays, 10:00-11:00 am

Pre-registration and pre-payment (\$5 for Watauga residents, \$7.50 for out-of-county residents) is required.

Beginner Clinics: Tuesdays, 2:30-3:30 pm & Saturdays, 10:00-11:00 am

Beginner clinics are free and require no pre-registration.

Beginner's Open Play / Coach Assisted: Saturdays, 9:00-10:00 am

Beginners learn etiquette of Open Play including rotating partners and paddle stacking. Coaches will assist with rule enforcement and clarification. Free, no pre-registration.

THURSDAY, January 2: 1:00-2:20 pm

Skills & Drills: Aggressive at the Kitchen

Get on the offense by making space to attack, taking balls on the volley, and having several solid strategies for winning at the net.

TUESDAY, January 7: 1:00-2:20 pm

Skills & Drills: Working the Backcourt

How consistent are your shots from the baseline? We'll drill serve/returns as well as consecutive forehand and backhand drives from the backcourt (including backcourt figure 8s).

THURSDAY, January 9: 1:00-2:20 pm

NEW: Skills & Drills: Drill Set EXTRAS

You've done the basic set, now try the advanced pieces. We'll do dink-dink-attacks, volleys at the NVZ, and do a dink-drive-block drill. (*This clinic will work better for people who are NOT new to pickleball.)

TUESDAY, January 14: 1:00-2:20 pm

Skills & Drills: Serve Clinic

We'll begin by taking serve percentages, then practice deep serves and targeted serves. You'll get return practice, too!

THURSDAY, January 16: 1:00-2:20 pm

Skills & Drills: Transitions to the Kitchen

After practicing drops and drives and discussing transition strategies, we'll work 2 and 4 person transition drills.

TUESDAY, January 21: 1:00-2:20 pm

NEW: Skills & Drills: All Kitchen, All Control

We'll begin with dink drills, then practice tracking and tethering, then finish with kitchen games..

THURSDAY, January 23: 1:00-2:20 pm

NEW: Skills & Drills: Topspin All Over

Come drill topspin at the NVZ, midcourt, and on your serves.

TUESDAY, January 28: 1:00-2:20 pm

Skills & Drills: Poaching

We will practice recognizing and committing to the 3rd shot poach (both forehand and backhand), then we'll try poaching in short games.

THURSDAY, January 30: 1:00-2:20 pm

NEW: Skills & Drills: Speedups

When and how exactly should you speed the ball up? We'll discuss strategy, then feed high dinks and practice speedups, then work hand battles.