

November 2024 WCRC Pickleball Clinics

Skills & Drills Clinics: Tuesdays & Thursdays, 1:00-2:20 pm

Pre-registration and pre-payment (\$5 for Watauga residents, \$7.50 for out-of-county residents) is required. These clinics are designed for 2.0-3.5 level players. Clinic topics are listed below.

Player's Choice Clinics: Fridays, 10:00-11:00 am

Pre-registration and pre-payment (\$5 for Watauga residents, \$7.50 for out-of-county residents) is required.

Beginner Clinics: Tuesdays, 2:30-3:30 pm & Saturdays, 10:00-11:00 am

Beginner clinics are free and require no pre-registration.

Beginner's Open Play / Coach Assisted: Saturdays, 9:00-10:00 am

Beginners learn etiquette of Open Play including rotating partners and paddle stacking. Coaches will assist with rule enforcement and clarification. Free, no pre-registration.

TUESDAY, November 5: 1:00-2:20 pm

Skills & Drills: 5 Ways to Neutralize Being Targeted

What can you do when you or your partner is being relentlessly targeted? Let's even up the playing field! We'll work transitions, shadowing, and 60%-40% game play.

THURSDAY, November 7: 1:00-2:20 pm

Skills & Drills: Aiming & Shot Placement

We'll drill placement with targeted dinking, targeted groundstrokes at midcourt, and targeted serves.

TUESDAY, November 12: 1:00-2:20 pm

Skills & Drills: 3 Tricks for Defeating Better Players

We'll work on hitting unattackable dinks, we'll practice deep, high returns in the beat-the-catch game, and practice resetting hard drives.

THURSDAY, November 14: 1:00-2:20 pm

Skills & Drills: Backhands

Come practice backhands at the NVZ, at midcourt, and at the baseline (including backhand returns).

TUESDAY, November 19: 1:00-2:20 pm

Skills & Drills: Resetting Drives & Smashes

Come drill resets from mids, resets from the NVZ, and practice returning smashes.

THURSDAY, November 21: 1:00-2:20 pm

Skills & Drills: 3rd Shot Strategy & Practice

We will drill drives & drops, including when and where each choice is appropriate, as well as transitions to the NVZ.

TUESDAY, November 26: 1:00-2:20 pm

Skills & Drills: Punch Volleys & Resets

We'll drill resets at NVZ, punch volleys at NVZ, and practice making smart in/out calls.

THURSDAY, November 28: 1:00-2:20 pm

Skills & Drills: Gold Standard Drill Set

This is the set you must have to get better as a pickleballer. Dinks, volleys, drops, serve-returns, and transitions. Let's do it!

Got clinic requests? Ask Coach Lisa

LisaCreechBledsoe@gmail.com