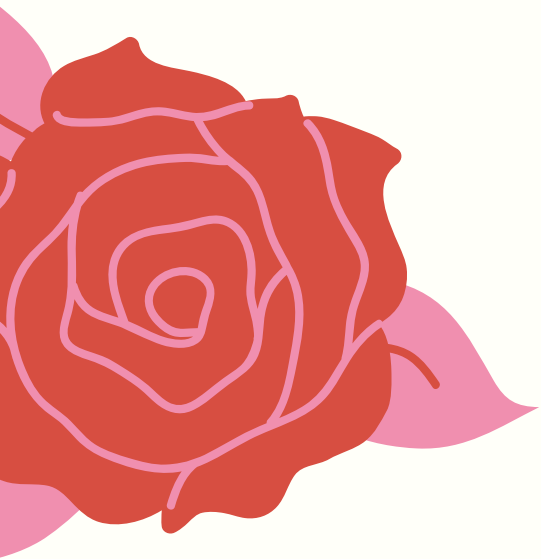
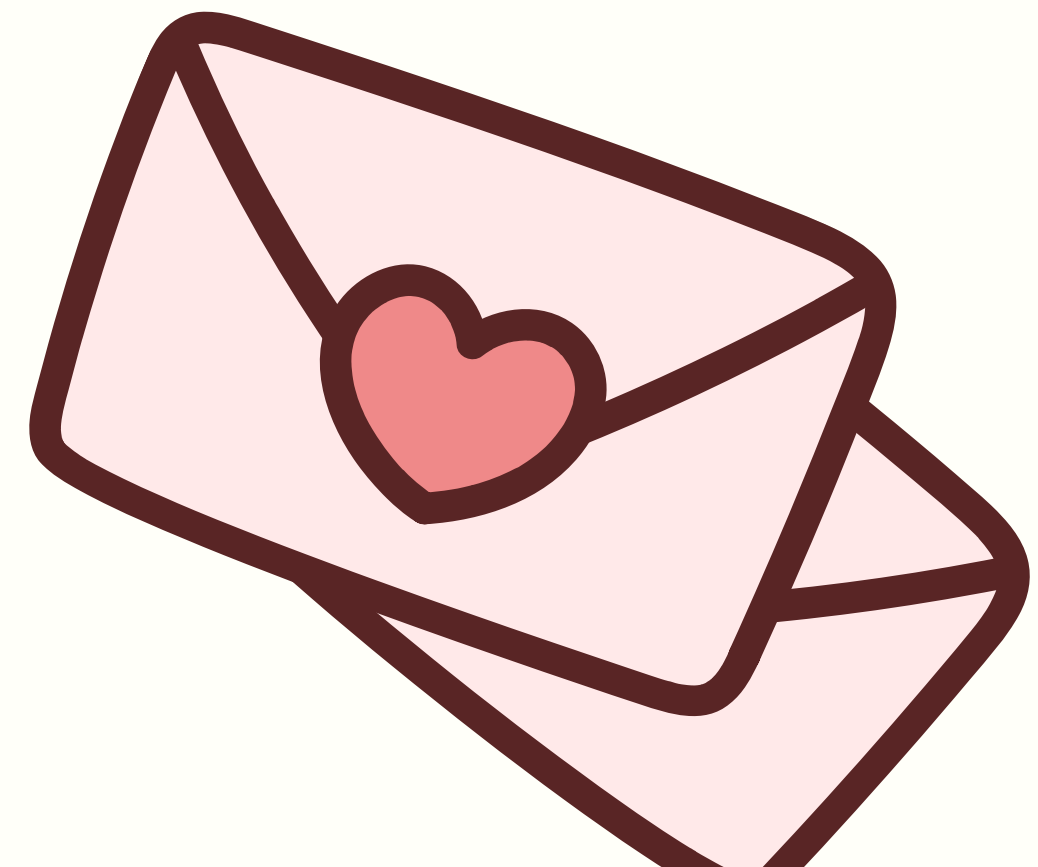
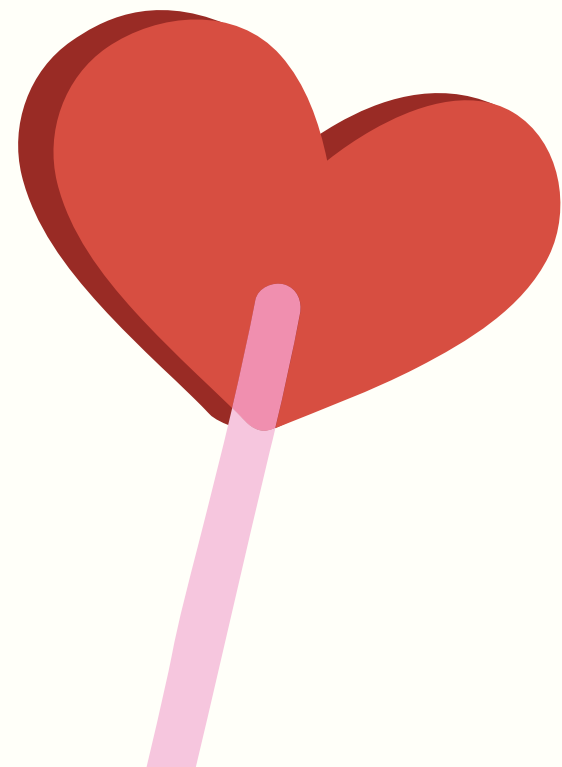


2023

# FEBRUARY



FOSTER PARENT NEWSLETTER





# Important Dates

**Court: 2/27 & 28**

**Jan \$: 2/10**

**Feb \$: 3/10**

**Story time at Public Library: Saturdays 11**





# Meet the family

Bradley and Brooke Moretz have been fostering for 5 years. They realized the need for foster parents after providing respite care for some close friends for about a year. When they decided to foster, they agreed to **ONLY** foster but that quickly changed after they had Emeily placed with them in 2020! They adopted Emeily in Jan 2022 after having her placed with them for about a year and half. They took in Emeily's baby sister at 4 months old in Sept 2021 and are thrilled to be finalizing that adoption in the summer of this year! They have three biological daughters and a family that is ever growing. They are very passionate about their role as foster parents and look forward to providing many years of care for the children that are in need even if it's just respite care. They know that is something that is much needed. As a family they enjoy going to the lake, beach, and a lot of family activities together!





# Meet our MSW intern!



**Katelyn is from North Carolina where she graduated from Appalachian State University in 2022 with a Bachelor of Social Work degree before going back to ASU to complete her Masters of Social Work degree. She has previously interned with the Investigators here at Watauga County DSS and is looking forward to completing her field placement with the Foster Care Social Workers. She loved working with families by helping provide support for those who are in need of services and is excited to continue helping serve the community in Watauga County. In her free time she enjoys traveling, skiing, hiking, and spending time with friends.**



# Reminder

All kids have \$100 in clothing allowance that started January 1st

Kids 13+ can utilize LINKS services and funds. Let your social worker know if they need anything.





# Self Care

**Remember that you need to take care of yourself to be able to take care of others! Do something you love, that helps you relax, ask for respite, have a date night, anything to give you some time to breathe.**



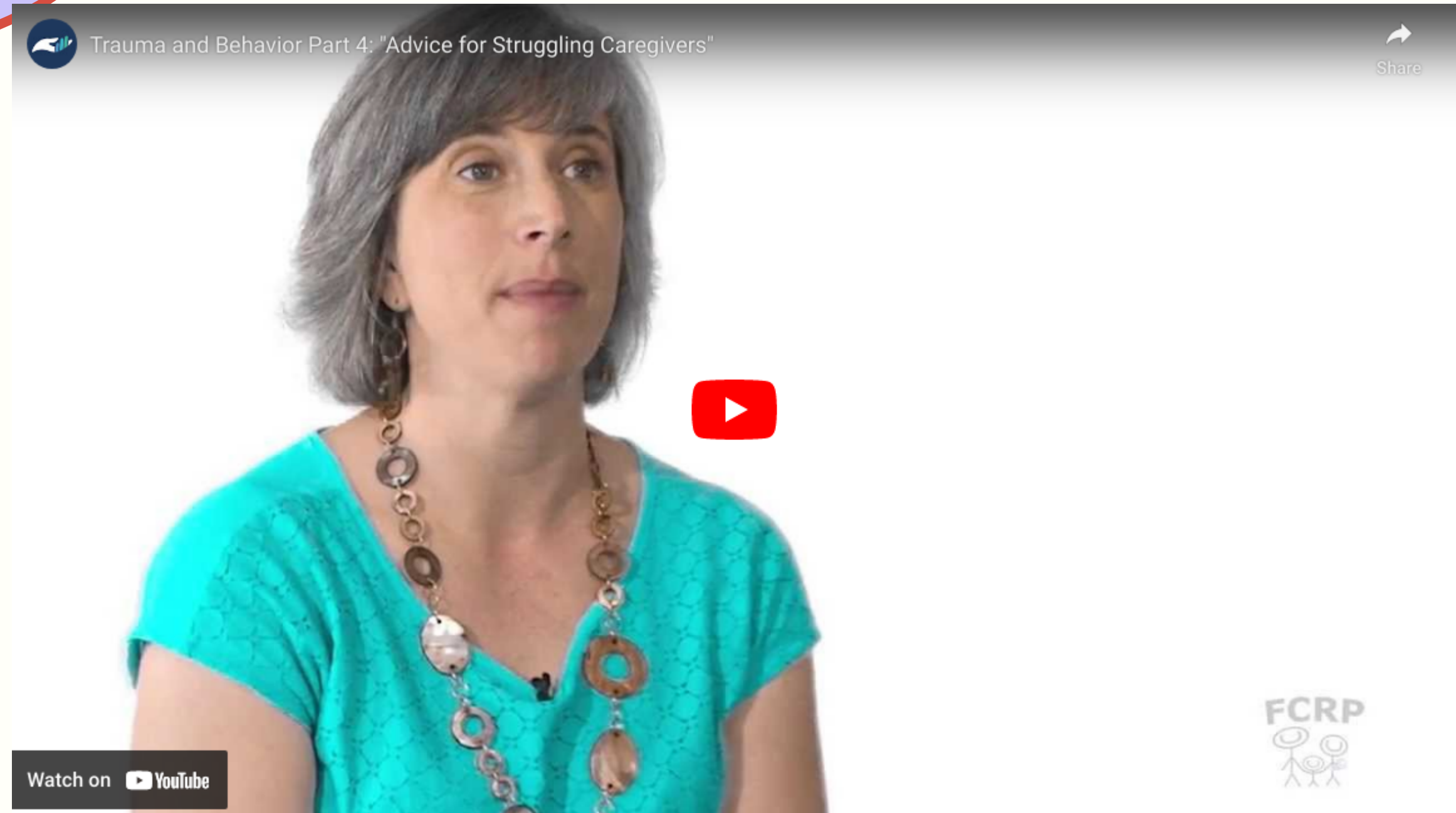






# Foster Parent Tip



Trauma and Behavior Part 4: "Advice for Struggling Caregivers" Share



Watch on  YouTube



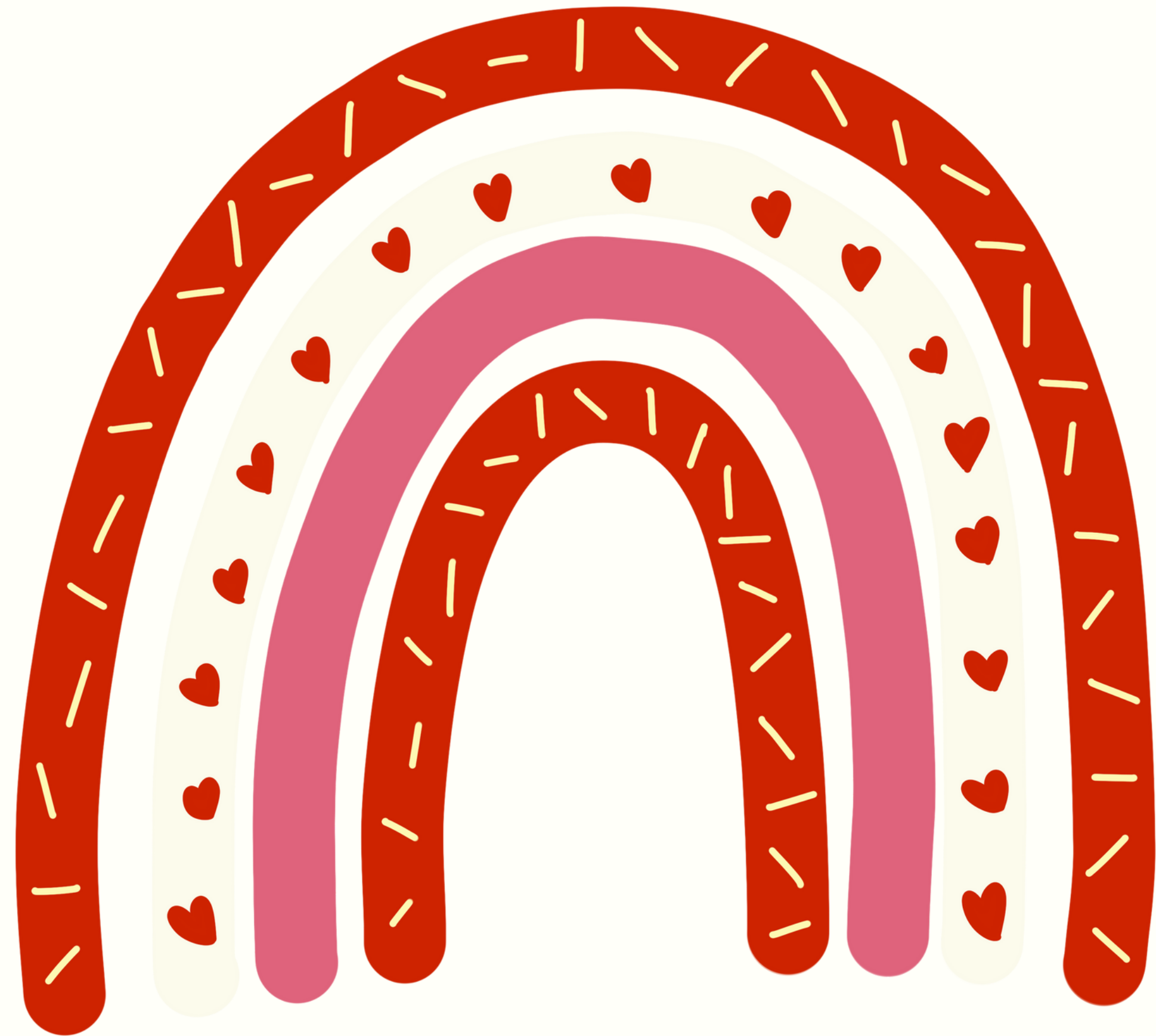




# Happy Valentines Day

& thank you for your commitment to  
children in care





# Contacts

Office: 828-265-8100

After hours/weekends: 828-264-3761

Mobile Crisis: 828-264-4357