




—○RESOURCES○—

<p><u>High Country Caregivers</u>  828-832-6366  https://www.highcountrycaregivers.com/</p>	<p>The High-Country Caregivers mission is to provide advocacy, support, and education for kinship caregivers and their families</p>
<p><u>Parent to Parent</u>  828-262-6089  https://www.p2presources.com/local-watauga-county.html</p>	<p>Parent to Parent Family Support Network™ - High Country provides free support, caring connections, information and hope to families who have a premature baby, a child with a disability, an emotional or behavioral challenge, a mental illness, a chronic health condition or to families who are grieving the death of a child.</p>
<p><u>Children’s Council</u>  828-262-5424  http://www.thechildrenscouncil.org/</p>	<p>Parenting classes, support groups, diaper bank and more!</p>
<p><u>CDSA- Children’s Developmental Services Agency of the Blue Ridge</u>  828-265-5391  https://beearly.nc.gov/index.php/contact/cdsa</p>	<p>CDSA BR is a state agency serving children from birth to 3 years with suspected or diagnosed developmental disabilities. CDSA staff provides multidisciplinary assessments and works with parents, health care providers in developing an understanding of the child's specific needs. CDSA will provide services or referrals to address those needs</p>
<p><u>CC4C- Tiffany Minton Health Dept</u>  828-264-6635  tiffany.minton@apphealth.com  http://www.apphealth.com/patients/child-health/cc4c/</p>	<p>This is a voluntary participation program. It assists families in identifying their needs and in finding and obtaining services such as special therapies, day care or medical care to meet those needs. It also provides families with a variety of information on topics such as growth and development, safety, and nutrition. The families are involved with developing the plan for services they need and want.</p>
<p><u>WIC- Health Dept</u>  828- 264-6641  https://ihhs.appstate.edu/about-ihhs/community-resources/women-infants-children-wic-food-nutrition-program-watauga-county</p>	<p>Provides food and nutrition services/voucher to children up to age 5. All foster children qualify</p>

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<p>WCCI- Watauga Community Compassionate Initiative</p> <p>✉ admin@wataugacci.org</p> <p>🌐 https://www.wataugacci.org/</p>	<p>Provides trainings, conferences, support, community resources</p>
<p>The High Country Children’s Closet</p> <p>📞 828-528-2731</p> <p>🌐 https://www.facebook.com/highcountrychildrenscloset/</p>	<p>Serve foster and other families in need by providing gently used children’s items</p>
<p>The Harvest House</p> <p>✉ Harvestheartclothing@gmail.com</p> <p>🌐 https://www.facebook.com/harvestheartclothing/?tn-str=k*F</p>	<p>Provides gently used items for families and children</p>
<p>Youth Villages</p> <p>📞 828-268-7200</p> <p>🌐 youthvillages.org</p>	<p>Provides assessments and counseling services</p>
<p>Friends of Foster Parent Group</p> <p>✉ Jessica.winebarger@watgov.org</p>	<p>Local group of retired/experienced foster parents and other community members that can help support current foster parents with various needs</p>
<p>Chosen Ministry</p> <p>✉ mikekarenkimbro@gmail.com</p> <p>🌐 http://www.abfboone.com/chosen/</p>	<p>Support, resources, mentorship</p>
<p>De La Cruz Farms</p> <p>📞 828-964-8152</p> <p>🌐 https://delacruzfarms.com</p>	<p>Equestrian and farm opportunities</p>
<p>Post Adoption Success Team</p> <p>📞 828-695-6908</p> <p>🌐 http://www.postadoptionssuccesscoach.org/</p>	<p>Our services will strengthen and enhance child wellbeing by providing support and advocacy to adoptive families.</p>
<p>The Children’s playhouse</p> <p>📞 828-263-0011</p> <p>🌐 https://goplayhouse.org/</p>	<p>Our mission is to provide children from birth to age eight with an enriching, educational play environment while at the same time offering their parents and caregivers friendly support in the important job of raising children</p>

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<p>NAMI – National Alliance on Mental Illness</p> <p>☎ 828- 278-9293</p> <p>🌐 https://www.nami.org/Find-Your-Local-NAMI/Affiliate/Details?state=NC&local=0011Q000022GAlYQAO</p>	<p>Education and support groups</p>
<p>Nest Alliance (Ashe Co)</p> <p>✉ info@thenestalliance.org</p> <p>🌐 http://www.thenestalliance.org/</p>	<p>The NEST Alliance is a Christ-centered ministry that focuses on bringing children in to the Nurturing, Establishing, Securing, Trusting love of God. The alliance seeks to provide a place of refuge and hope to children and their families--whether biological, foster, or adoptive. The NEST Alliance is a children’s alliance of people who will give of their talents, gifts, and abilities to meet the physical, emotional, mental, and spiritual needs of the children they serve</p>
<p>Western Youth Network</p> <p>☎ 828-264-5174</p> <p>🌐 https://www.westernyouthnetwork.org/</p>	<p>After-school (5th-8th grades), Mentoring, Prevention, Summer program.</p>

Therapists that accept Medicaid:

Ashley Mckinney	828-268-2172
Southmountain Children’s and Family Services	828- 963-9777
Pathways	828- 898-4145
Toby Stoetzer	305- 916-4084
Jodi Provence	336- 489-4376
Center for Emotional Health	
Daymark	

All children in foster care qualify for free and reduced lunch and field trips